



Iowa Utilities Board NEWS

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Reducing energy bills during extreme summer temperatures

Iowa Utilities Board reminds consumers of cost-saving measures

(Des Moines) – With the National Weather Service issuing an excessive heat warning throughout most of the state, the Iowa Utilities Board reminds utility customers of cost-effective ways to lower summer energy bills while remaining safe and comfortable.

Consumers can take several steps that help reduce energy usage during the cooling season:

- Block out direct sunlight whenever possible. Close shades, blinds and draperies or use sunscreens over windows and patio areas during the day
- Service or check air conditioning (central or window units) regularly; clean or replace filters often. Keep air registers clean and clear of obstructions. Clean outside air conditioning coils and keep plant or other objects at least 12 inches clear on every side
- Install/use a programmable thermostat to set the indoor temperature a few degrees higher when you are sleeping or away from your residence
- Use fans to increase indoor air circulation. Only run fans when a room is occupied. Elderly persons and those with health concerns should check with their doctor before dramatically changing the temperature in their homes
- Close air vents/doors to unused portions of a residence
- Open windows to take advantage of breaks from the hottest and most humid weather, especially during the cooler evening hours

Visit <https://iub.iowa.gov/tips-save-energy> or <https://iub.iowa.gov/informational-brochures> on the Board's Web site for additional information.

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The Iowa Utilities Board regulates utilities to ensure that reasonably priced, reliable, environmentally responsible, and safe utility services are available to all Iowans.

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